



Sample Weekly Menu

MAIN MEAL

PUDDING

MONDAY

Cottage pie, mixed veg, sprouts

Butterscotch sundaes

TUESDAY

Beer battered fish goujons, crispy potatoes, peas, tomatoes

Strawberry & dairy cream sponge

WEDNESDAY

Chicken in creamy mushroom sauce, new potatoes, buttered leeks & green beans

Summer berries crumble & ice cream

THURSDAY

Betty's birthday Plaice & chips

Sherry strawberry trifle

FRIDAY

Toad in the hole, onion gravy, mash, carrots & peas

Lemon meringue pie

SATURDAY

Pork meatballs in gravy, cheesy mash, broccoli, kale

Jam tart & custard

SUNDAY

Roast chicken & stuffing, roast potatoes, cauliflower, sprouts, Yorkshires

Chocolate & blueberry brownie



Sample Supper Weekly Menu

MAIN MEAL

ALTERNATIVE

MONDAY

Corned beef or egg salad

Sandwiches or soup

TUESDAY

Cheese on toast

Sandwiches or soup

WEDNESDAY

Pizza & garnish

Sandwiches or soup

THURSDAY

Plum tomatoes & hash browns

Sandwiches or soup

FRIDAY

Creamy mushrooms on toasted muffin

Sandwiches or soup

SATURDAY

Ham & eggs

Sandwiches

SUNDAY

Smoked salmon & cream cheese blinis

Soup